

## Microwave Mac 'n' Cheese

2 cups uncooked elbow macaroni  
2 cups hot water  
1/3 cup butter or margarine  
1/4 cup chopped onion  
3/4 tsp. salt  
1/4 tsp. pepper  
1/4 tsp. ground mustard  
1/3 cup flour  
1 1/4 cups milk  
8 oz. process American cheese, cubed



In a 2-qt microwave-safe dish, combine the first 7 ingredients. Cover and microwave on high for 3 1/2 minutes; stir. Cover and cook at 50% power for 4 minutes or until mixture comes to a boil, rotating a half turn once. (I didn't rotate it at all because my microwave has a turntable.) Combine flour and milk until smooth; stir into macaroni mixture. Add cheese. Cover and cook on high for 6-8 minutes or until the macaroni is tender and sauce is bubbly, rotating a half turn once and stirring every 3 minutes. Yield: 4 servings.

Recipe taken from the  
2000 Quick Cooking cookbook

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